

ANNUAL REPORT

2025 – 2026

KADAM
jan vikas sanstha

Empowering Communities. Enriching Lives.

Building
Healthier Minds,
Stronger Communities,
Brighter Futures.



MENTAL
HEALTH



INCLUSION



EMPOWERMENT



YOUTH
DEVELOPMENT



ENVIRONMENT



COMMUNITY
WELL-BEING

KADAM JAN VIKAS SANSTHA (KJVS)

TABLE OF CONTENTS

01	Vision & Mission	- 03
02	Director Note	- 04
03	Acknowledgement	- 05
04	Summary	- 06
05	Program and activities (Ek kadam)	- 07
06	Awareness Fortnight	- 12
07	Federation of SHG members	- 15
08	Legal clinic	- 15
09	Free Counselling Helpline for Suicide Prevention and mental Health Support	- 15
10	Atmiyata - Community Mental Health Program	- 16
11	Swashakti- Rural Livelihood Mission Programme	- 18
12	Preschool Nutrition and Education Initiative and Rahat	- 20
13	Srijan Youth Connect Programme	- 21
14	One Billion Rising Campaign	- 24
15	Other organizational activities	- 25
16	Quantitative Achievement	- 34
17	In Media and Newspapers	- 35
18	Annexure	- 37
19	Funders & Partners	- 39

Our Vision

To establish a progressive, peaceful and just society based on the values of equality, liberty and mutual help.

Our Mission

Kadam Jan Vikas Sanstha mission is to empower and organize the downtrodden, women, tribal and poor segment of the society by making them capable of demanding their rights and include them in the main stream of developmental process.

Genesis

A group of like-minded individuals dedicated to the development of the weaker sections of society began their voluntary efforts in 2002, focusing on the slum dwellers of Gwalior. They aimed to explore new ways to create a sustainable and equitable society. In 2004, Kadam Jan Vikas Sanstha (KJVS) was legally established with the goal of providing sustainable livelihoods to marginalized communities and uplifting socially vulnerable families. The organization empowers these families to demand their rights and raises awareness to enable them to advocate for their own well-being. Currently, KJVS addresses various issues, including women's empowerment, violence against women's, gender discrimination, food security, livelihoods education, and public health (Physical, Mental and Social).

Director note

Every year brings new challenges, new learnings, and new opportunities to create meaningful change. The year 2025–2026 was no different. It was a year of strengthening communities, restoring hope, empowering individuals, and reinforcing our belief that sustainable development begins when people are given the knowledge, support, and opportunities they need to thrive.

At Kadam Jan Vikas Sanstha (KJVS), our efforts continued to focus on those who are often unheard and underserved. Through programmes addressing mental health, disability inclusion, women's empowerment, youth development, livelihood promotion, child well-being, and environmental sustainability, we worked alongside communities to build a future that is healthier, more inclusive, and more equitable.

Mental health remained at the heart of our work. Through the Ek Kadam Mental Health Programme, community awareness campaigns, school-based interventions, counselling services, and suicide prevention initiatives, we reached thousands of individuals and families. We witnessed growing openness in conversations around mental health, greater willingness to seek support, and stronger community engagement in addressing emotional well-being.

One of the most encouraging developments of the year was the expansion of community-led mental health support through the Atmiyata Project. By empowering local facilitators and community champions, we strengthened grassroots support systems and demonstrated that lasting change is most effective when communities themselves become part of the solution.

Our commitment to inclusion was reflected through the Swashakti Programme, where persons with disabilities were supported to access livelihood opportunities, rehabilitation services, assistive devices, social security benefits, and government schemes. The confidence and independence achieved by many beneficiaries stand as a powerful reminder that inclusion creates opportunities not only for individuals but for society as a whole.

Throughout the year, we also invested in the potential of women and young people. Through awareness programmes, leadership initiatives, self-defense training, legal literacy campaigns, and gender equality interventions, we encouraged individuals to become informed, confident, and active participants in their communities.

While the achievements presented in this report are significant, they represent more than numbers and activities. Behind every programme is a story of courage, resilience, and transformation. Whether it is a young person seeking help for mental distress, a woman gaining confidence to exercise her rights, or a person with disability starting a livelihood activity, each success reinforces our purpose and strengthens our commitment.

I express my heartfelt gratitude to our supporters, donors, government departments, partner organizations, volunteers, community leaders, and dedicated staff members. Their trust, collaboration, and belief in our mission have made these accomplishments possible.

As we look toward the future, we remain inspired by the communities we serve and committed to creating pathways for dignity, opportunity, and well-being. Together, we will continue taking meaningful steps toward a society where every individual has the chance to live a healthy, empowered, and fulfilling life.



Anupam Sahu
Secretary

Acknowledgement

Kadam Jan Vikas Sanstha (KJVS) sincerely acknowledges and appreciates the support, trust, and cooperation of all those who contributed to our work during 2025–2026.

We extend our heartfelt gratitude to our supporting organizations and partners, including Paul Hamlyn Foundation, Jiv Daya Foundation, Azim Premji Foundation, CMHLP, and Enable India, whose valuable support and collaboration enabled us to implement programmes in the areas of mental health, disability inclusion, women's empowerment, youth development, livelihood promotion, and community well-being.

We are also grateful to government departments, community leaders, volunteers, partner organizations, and local stakeholders for their continuous guidance and encouragement. Our sincere thanks go to the beneficiaries and community members whose trust and active participation remain the foundation of our work.

Special appreciation is extended to our dedicated staff and field teams for their commitment, hard work, and unwavering efforts throughout the year.

Together, we have made meaningful progress toward building healthier, inclusive, and empowered communities.

Thank you

Summary

During 2025–26, Kadam Jan Vikas Sanstha (KJVS) continued its efforts to promote mental health, disability inclusion, gender equality, youth empowerment, livelihood development, child well-being, and environmental sustainability across Gwalior, Shivpuri, Morena, and surrounding rural communities of Madhya Pradesh.

Through its flagship **Ek Kadam Mental Health Programme**, KJVS conducted mental health awareness sessions in schools and communities, Man Samvad Group meetings, and capacity-building programmes for community leaders. These initiatives enhanced awareness on mental well-being, suicide prevention, emotional resilience, and help-seeking behaviour among adolescents, youth, women, men, and community members. The organization's **Mental Health and Suicide Prevention Helpline** continued to provide confidential counselling, guidance, referrals, and psychosocial support to individuals facing mental health concerns and other social challenges.

KJVS also implemented the **Atmiyata Project** in 41 villages of Morar Block, Gwalior, focusing on community-based mental health promotion, stigma reduction, suicide prevention, and strengthening local support systems through surveys, community consultations, workshops, and facilitator trainings.

Under the **Swashakti Programme**, supported by Enable India, persons with disabilities were connected to livelihood opportunities, entrepreneurship training, rehabilitation services, disability certification, social security benefits, assistive devices, and government welfare schemes, promoting greater independence and social inclusion.

The organization further strengthened **women's empowerment and adolescent development** through peer group programmes, legal awareness initiatives, and campaigns on child marriage, domestic violence, menstrual hygiene, women's rights, and the POSH Act. These activities enhanced awareness, leadership skills, confidence, and informed decision-making among participants.

Through the **Preschool Nutrition and Education Initiative** and **RAHAT Programme**, nutritionally vulnerable children and economically disadvantaged families in Shivpuri district received nutritional support, educational activities, dry ration assistance, and awareness on hygiene and healthy living practices.

KJVS also organized the **Srijan Youth Connect Programme** in collaboration with the Police Department, providing youth with training on self-defense, mental health, cyber safety, leadership, legal awareness, and gender sensitization.

In addition, the organization conducted several awareness campaigns and observance events, including World Environment Day, World Suicide Prevention Day, World Mental Health Day, Menstrual Hygiene Day, World AIDS Day, Nirbhaya Day, International Women's Day, and OBR campaign other community engagement initiatives.

Overall, KJVS reached thousands of individuals through awareness programmes, counselling services, trainings, livelihood initiatives, and community mobilization efforts, contributing to improved mental health awareness, stronger community support systems, increased social inclusion, enhanced livelihood opportunities, and the empowerment of vulnerable populations.

Program and activities

❖ Ek kadam – Suicide prevention and mental health awareness programme

1- Mental Health Awareness Program in School

Mental health awareness sessions were conducted in 25 government and private schools across Gwalior district, reaching a total of 1,530 students, including 699 boys and 831 girls from Classes 9 to 12. The programme aimed to increase awareness about mental health, support adolescents in understanding emotional and psychological challenges, and encourage positive coping mechanisms during a critical stage of their development.

The sessions focused on promoting mental well-being, recognizing common mental health concerns, and understanding the impact of academic pressure, social stress, and personal challenges on emotional health. Through interactive discussions and practical



activities, students learned strategies for effective time management, healthy lifestyle practices, emotional expression, and building positive daily routines. The programme provided a supportive environment where students could openly discuss their concerns, enhancing their confidence, resilience, and ability to maintain a healthy balance between their academic, social, and personal lives.

PROGRAMME HIGHLIGHTS



2- Mental Health Awareness Camps

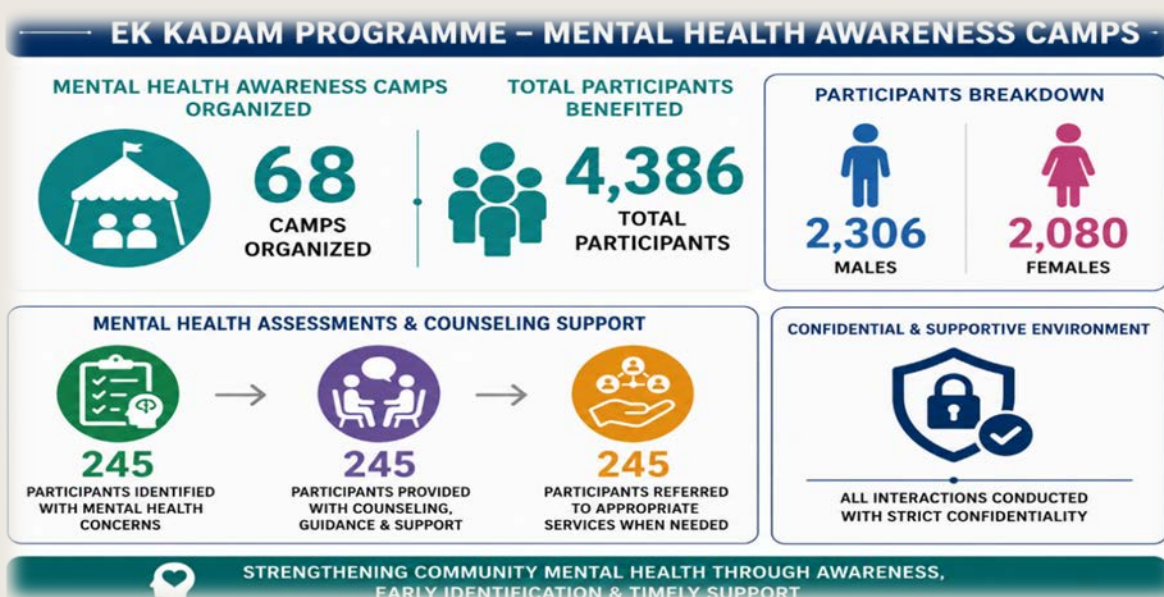
As part of the Ek Kadam Programme, 68 Mental Health Awareness Camps were organized across Gwalior city, benefiting 4,386 participants, including 2,306 males and 2,080 females. The camps were designed to increase awareness about mental health, promote suicide prevention, and encourage individuals to seek timely support for mental health concerns



without fear, stigma, or discrimination. Participants were educated on the importance of mental well-being and informed about common mental health conditions, including stress, anxiety, depression, and other emotional challenges.

To complement the awareness activities, trained counselors conducted voluntary mental health assessments to identify individuals requiring additional support. A total of 245 participants were

identified with mental health concerns and were provided with counseling, guidance, and referrals to appropriate services when needed. All interactions were conducted with strict confidentiality, ensuring a safe and supportive environment for participants to openly discuss their concerns. Through awareness generation, early identification, and access to counseling services, the programme contributed significantly to strengthening community mental health and promoting timely intervention for individuals in need.



3- Man Samvad Group – Mental Health Awareness Initiative

The Man Samvad Group continued its efforts to promote mental well-being and reduce stigma associated with mental health through regular awareness sessions in communities and schools across Gwalior district. During the reporting period, a total of 61 meetings were conducted, reaching 688 participants, including 72 men, 426 women, 55 boys, and 135 girls. These sessions aimed to enhance understanding of mental health, encourage positive coping mechanisms, and promote timely help-seeking behavior.



Community and school-based meetings provided participants with opportunities to learn about common mental health concerns such as stress, emotional difficulties, and everyday life challenges. Using interactive methods including film screenings, group discussions, and participatory activities, the sessions created a safe and supportive environment for open dialogue and learning. Participants were also provided with informational materials and helpline contact details to facilitate continued access to support services. Through these sustained efforts, the initiative contributed to increased awareness, reduced stigma, and strengthened community-based mental health support systems in the district.

MAN SAMVAD GROUP – MENTAL HEALTH AWARENESS INITIATIVE

Promoting mental well-being and reducing stigma through regular awareness sessions in communities and schools across Gwalior district.

MEETINGS CONDUCTED



61
TOTAL
MEETINGS
CONDUCTED

PARTICIPANTS REACHED



688
TOTAL
PARTICIPANTS
REACHED



72
MEN



426
WOMEN



55
BOYS



135
GIRLS

OBJECTIVES OF THE SESSIONS



Enhance understanding
of mental health



Encourage positive
coping mechanisms



Promote timely
help-seeking behavior

KEY TOPICS COVERED



- Stress and emotional well-being
- Managing emotional difficulties
- Everyday life challenges
- Importance of seeking support

4- Training of Community Leaders on Mental Health

A total of 07 community-based training sessions were conducted to strengthen awareness and understanding of mental health at the community level, reaching 175 participants. The trainings focused on identifying and developing local volunteers as community leaders who could promote positive mental health practices and help reduce stigma associated with mental illness.

Through presentations, interactive activities, games, films, songs, and group discussions, participants gained knowledge about mental health concepts, common mental health concerns, and available support mechanisms. The training enhanced the capacity of community leaders to identify signs of mental distress, provide basic guidance, and connect individuals with appropriate support services, contributing to the development of sustainable community-based mental health support systems.



5- Free Counseling Helpline for Suicide Prevention and Mental Health Support

Since 2020, a free Mental Health and Suicide Prevention Helpline has been providing emotional support and guidance to individuals facing mental health challenges, emotional distress, and suicidal thoughts. Available from Monday to Saturday between 11:00 AM and 5:00 PM, the helpline offers a confidential platform where individuals can discuss their concerns with trained counselors.

The service provides immediate counseling, emotional support, and referrals to appropriate mental health facilities when required. Individuals experiencing severe mental health conditions are connected to specialized care, and in critical situations, support is extended for admission to mental health hospitals. Through compassionate counseling and regular follow-up, the helpline has helped many individuals access timely support, reduce distress, and move toward recovery and well-being.



HELPLINE CASES & SERVICES SUMMARY

S. No.	Type of Case / Service	Total Cases	Male	Female
1	Common Mental Disorders	138	88	50
	Severe Mental Disorders	25	16	9
2	General Mental Health Information and Guidance	31	22	9
3	Suicide-Related Cases	4	4	0
4	Disability Certificate Applications	121	78	43
5	Domestic Violence Cases	28	0	28
6	Other Social Welfare Benefits	272	192	80
7	Employment-Related Cases	70	58	12
8	Successfully Resolved Cases	62	55	7
9	Disability Certificates Successfully Issued	72	63	9
10	Battery-Operated Tricycles Received	23	19	4
TOTAL		846	595	251



Total Cases Handled

846



Male

595



Female

251

6- Awareness Fortnight

• Mental Health Awareness Fortnight

Kadam Jan Vikas Sanstha (KJVS) organized a **Mental Health Awareness Fortnight** from 12 to 28 May 2025 in Gwalior to promote mental well-being and suicide prevention. The campaign included awareness meetings, sports activities, interactive discussions, and poster exhibitions that encouraged community members to openly discuss mental health issues and seek support when needed.



The initiative concluded with a **Mental Health Awareness Camp** at Indra Nagar, Gwalior, where participants received information, guidance, counselling support, and referrals. Volunteers further expanded the outreach by displaying awareness posters on vehicles across the city. A total of **136 participants** took part in the programme, contributing to greater awareness, reduced stigma, and improved understanding of mental health and emotional well-being.

• Women Violence Awareness Fortnight

As part of its ongoing commitment to promoting gender equality and preventing violence against women, Kadam Jan Vikas Sanstha (KJVS) organized a **Women Violence Awareness Fortnight** from 25 November to 10 December 2025. The campaign was conducted to raise awareness about gender-



based violence, domestic abuse, and women's rights while encouraging collective action toward creating safer and more equitable communities. Through awareness meetings, interactive discussions, and community engagement activities, participants were encouraged to challenge harmful social norms, recognize different forms of violence, and support survivors with empathy and respect. The programme also emphasized the importance of shared responsibility among women, men, and community leaders in preventing violence and promoting gender justice.



A total of **287 participants** took part in the fortnight-long campaign. The initiative contributed to increased awareness, strengthened community dialogue, and encouraged individuals to stand against violence and support a culture of dignity, equality, and respect for women.

7- Peer Group Sessions

• Peer Group Program for Young Men and Boys

A total of 74 community meetings were organized across 20 villages in the project area to promote the active participation of men and young people. These meetings engaged 1,429 men and youth participants. The sessions focused on important social issues such as different stages of adolescence and adulthood, the Protection of Children from Sexual Offences (POCSO) Act, girls' education, child marriage, dowry practices, domestic violence, and patriarchal norms.



The meetings played a significant role in sensitizing participants towards gender equality, the rights of women and girls, and their social responsibilities. As a result of this initiative, positive changes were observed in the attitudes and perspectives of men and youth, and their understanding of their role in

fostering a more equitable, respectful, and supportive society was strengthened.

• Peer Group Program for Adolescent Girls

To empower adolescent girls and address critical social issues affecting their lives, the organization conducted 74 peer group meetings across 20 villages, engaging a total of 1,582 girls. The sessions focused on child marriage, gender equality, education, adolescent health, and personal development. Interactive



methods such as group discussions, visual learning tools, folk songs, and educational games were used to encourage participation and learning.

The program emphasized the importance of continuing education, delaying marriage until adulthood, and making informed life choices.

As a result, adolescent girls gained greater awareness of their rights, health, and future opportunities. The initiative contributed to increased confidence, positive attitude changes, and a stronger commitment among participants to pursue education and become active contributors to their communities.

• Peer Group Sessions in Schools

Mental health awareness sessions were conducted in 9 government and private schools across the Pichhore and Khaniyadhana blocks of Shivrpur district, reaching 468 students (272 boys and 196 girls) from Classes 9 to 12. The sessions focused on increasing awareness of mental health, promoting positive well-being, and helping students recognize common mental health challenges related to academic pressure, social stress, and personal concerns. Interactive discussions and activities encouraged students to openly share their experiences and gain a better understanding of emotional well-being.

Students were introduced to practical coping strategies, including time management, healthy lifestyle habits, emotional expression, and the development of positive daily routines. The sessions provided a supportive environment for learning and reflection, resulting in increased awareness, improved understanding of mental health issues, and greater confidence among students to manage personal and academic challenges effectively.



PEER GROUP SESSIONS



PEER GROUP PROGRAM FOR YOUNG MEN AND BOYS

Community meetings were organized to promote the active participation of men and young people and address important social issues.



74

Community Meetings Organized



1,429

Men and Youth Participants Engaged

COVERAGE AREA

20 Villages



PEER GROUP PROGRAM FOR ADOLESCENT GIRLS

Peer group meetings were conducted to empower adolescent girls and address critical social issues affecting their lives.



74

Peer Group Meetings Conducted



1,582

Adolescent Girls Engaged

COVERAGE AREA

20 Villages



PEER GROUP SESSIONS IN SCHOOLS

Mental health awareness sessions were conducted in government and private schools across Pichhore and Khaniyadhana blocks of Shivrpur district.



9

Schools Covered



468

Students Reached



272 Boys



196 Girls

CLASSES COVERED

Classes 9 to 12

8- Federation of SHG members - Training for Entrepreneurs among SHG Members

To promote self-employment and entrepreneurship at the local level, training on the establishment and management of small-scale enterprises was provided to 55 participants (28



men and 27 women). The training covered key aspects such as business selection, enterprise management, marketing, financial planning, and information about relevant government schemes.

As a result of the training, participants demonstrated increased awareness and confidence regarding self-employment opportunities. Furthermore, 32 participants expressed their interest in taking forward the process of starting their own enterprises and showed willingness to actively engage in the next steps.



9- Legal Clinic and Case Follow-Up

To strengthen women's access to justice and legal support, 4 legal clinic meetings were conducted in Pichhore and Khaniyadhana, reaching 55 women. The sessions focused on increasing awareness of legal rights and available remedies for issues such as domestic violence. Participants were informed about various legal and institutional support mechanisms, including police assistance, emergency helplines, legal aid services, and government support systems.



The clinics provided a platform for women to discuss their concerns and seek guidance from legal professionals. Special attention was given to women facing ongoing legal challenges, who received case-specific advice and information on appropriate legal procedures. The initiative helped participants gain a better understanding of their rights, available protection measures, and the steps required to access justice and support services.

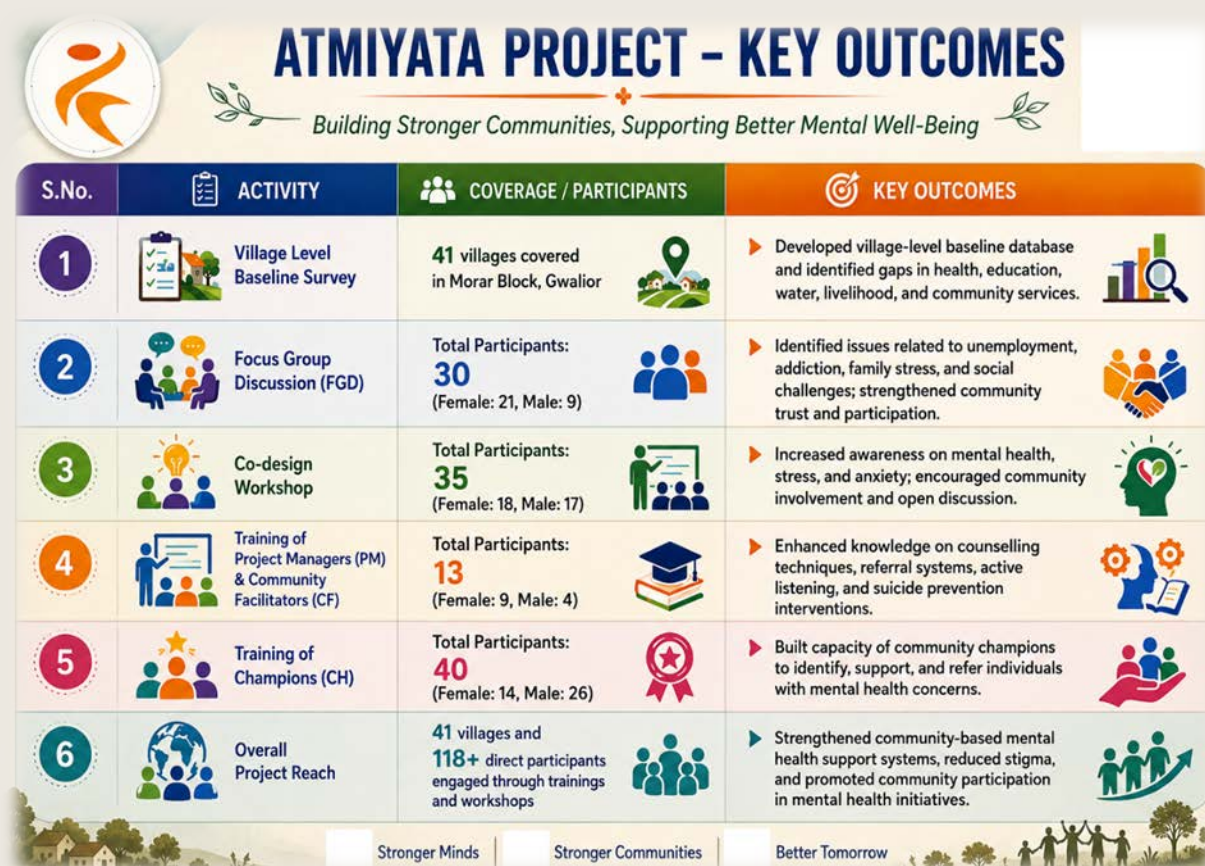
❖ Atmiyata - Community Mental Health Program

Kadam Jan Vikas Sanstha (KJVS) implemented the **Atmiyata** in **41 villages of Morar Block, Gwalior District (Madhya Pradesh)** with the financial support of **Azim Premji Foundation** and technical guidance from the **Centre for Mental Health Law and Policy (CMHLP)**. The project aims to strengthen community-based mental health support systems by promoting mental health awareness, reducing stigma, preventing suicide, and improving access to psychosocial care through trained community volunteers known as *Champions*.

During the reporting period, village-level baseline surveys were conducted to gather socio-economic and community resource information for effective programme planning. Focus Group Discussions (FGDs) and Co-design Workshops were organized to understand local concerns related to stress, addiction, health, livelihood, and mental well-being, while encouraging open dialogue on mental health issues.

The project also focused on building the capacity of Project Managers, Community Facilitators, and Community Champions through structured training on mental health, active listening, counselling skills, behavioural activation, problem-solving, referral mechanisms, and suicide prevention.

Through these interventions, the project enhanced community participation, increased awareness and acceptance of mental health concerns, and laid a strong foundation for sustainable, community-led mental health and psychosocial support services in the intervention area.





❖ Swashakti- Rural Livelihood Mission Programme

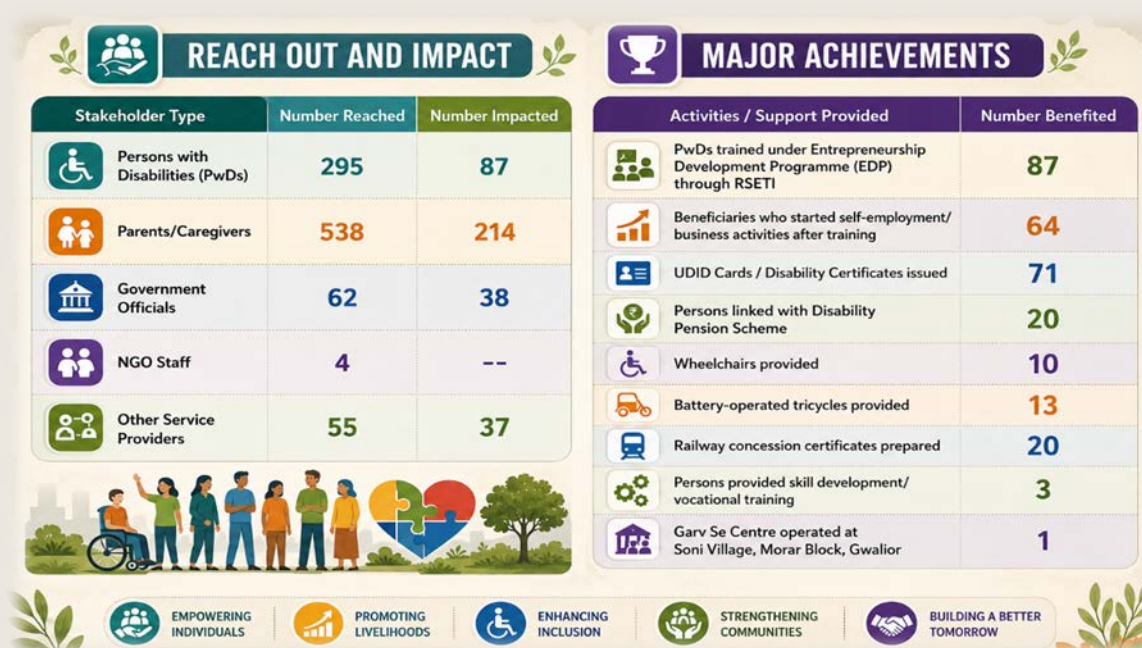
With the support of Enable India, Kadam Jan Vikas Sanstha (KJVS) implemented the Swashakti Programme with the objective of building a sustainable ecosystem for creating livelihood opportunities for persons with disabilities (PwDs) in rural communities. The programme focused on strengthening economic independence, social inclusion, and access to government schemes, rehabilitation services, and livelihood opportunities, thereby improving the overall quality of life of PwDs.

Through awareness campaigns, counselling, capacity-building initiatives, referrals, assistive device support, entrepreneurship promotion, and linkages with government welfare schemes, the programme empowered persons with disabilities to become more self-reliant and actively participate in community life.

During the reporting period, the programme reached a large number of stakeholders through awareness activities, training programmes, service linkages, and rehabilitation support services. These interventions contributed to enhanced livelihood opportunities, improved access to entitlements, greater social inclusion, and increased confidence among persons with disabilities and their families.

One of the major achievements of the programme was the Entrepreneurship Development Programme (EDP) training conducted through RSETI, under which 87 persons with disabilities received entrepreneurship and livelihood training. After successfully completing the training, 64 beneficiaries started their own livelihood activities, including dairy farming, goat rearing, grocery shops, vegetable vending, fast-food stalls, mechanical workshops, and other small businesses, which contributed to improving their economic self-reliance. The programme also supported beneficiaries in accessing various government schemes, rehabilitation services, and mobility support.

With the support of the Atal Bihari Vajpayee Training Centre, Divyang Sports, Gwalior, battery-operated tricycles were provided to persons with disabilities to improve mobility and independence. The programme also facilitated pension applications, vocational training, and access to assistive devices and social security services. Overall, the Swashakti Programme significantly contributed towards improving livelihood opportunities, enhancing access to government schemes, and promoting dignity, independence, and social inclusion for persons with disabilities in rural areas. Major achievements under the programme are summarized below.





❖ Preschool Nutrition and Education Initiative and RAHAT

With support from the JIV Daya Foundation, the Preschool Nutrition and Education Initiative and RAHAT Program was implemented in Veerpur, Rupnawara, and Shalawadi villages of Khaniyadhana block, Shivpuri district, Madhya Pradesh. The program aimed to improve the nutritional status of preschool children, promote awareness of healthy nutrition and hygiene practices, and provide support to economically vulnerable families. A baseline survey was conducted to assess the nutritional status of children, sanitation pr

actices, and household living conditions. Based on the findings, 75 nutritionally vulnerable preschool children (33 boys and 42 girls) were enrolled in the program, while 120 vulnerable families were selected



to receive dry ration support. Additionally, 25 solar lamps were distributed to needy families to improve access to safe and sustainable lighting.

The initiative was implemented with the support of trained community volunteers and operated six days a week. Participating children

KEY INTERVENTIONS & BENEFICIARIES



received regular nutritional supplements, including milk and biscuits, along with age-appropriate educational activities designed to encourage early learning, healthy



habits, and positive behavior. Through continuous engagement with children and families, the program contributed to improved awareness of nutrition, hygiene, and cleanliness. Positive changes were observed in personal hygiene practices among children and in the adoption of healthier living environments by families, supporting the overall well-being of the community.

❖ Srijan Youth Connect Programme

Under the joint initiative of Kadam Jan Vikas Sanstha and the Police Department, the “Srijan Youth Connect Programme” was organized in various districts of Madhya Pradesh during the year 2025–26. The programme aimed to empower adolescents and youth by providing practical training on important subjects such as self-defense, gender equality, mental health, cyber safety, health awareness, and leadership development.

The programmes were conducted in both rural and urban areas, enabling young people from different social and economic backgrounds to benefit from the training. Each programme received active support from police officials, social workers, expert trainers, and local public representatives.

S. No.	Programme Venue	Duration	Chief Guests at Inauguration Ceremony	Valedictory Ceremony Venue & Date	Chief Guests at Valedictory Ceremony	Participants
1	Panchayat Bhawan, Village Gajoura, Block Khaniyadhana, District Shivpuri	16 May 2025 – 02 June 2025	SDOP Mr. Prashant Sharma, TI Mr. Jitendra Bhavai, Mrs. Anupam Sahu	Chhatrasal College, Pichhore 03 June 2025	Superintendent of Police Shivpuri Mr. Aman Singh Rathore, SDOP Mr. Prashant Sharma, Station In-charge Mr. Jitendra Mawai	80 (48 girls, 32 boys)
2	Community Hall, Satyanarayan Ki Tekri, Ghosipura, Gwalior	05 June 2025 – 20 June 2025	SI Mr. Vinod Singh Chauhan, Mrs. Asha Surendra Chauhan, Mrs. Premilata Dharmendra Jain, Mrs. Chandni Jangbahadur Singh	Community Hall, Police Line Gwalior 03 July 2025	Superintendent of Police Mr. Dharmveer Singh, Additional SP Mr. Gajendra Singh Vardhman, CSP Mr. Manish Yadav	72 (49 girls, 23 boys)
3	Barar Samaj Community Hall, Tilak Nagar, Sikandar Kampoo, Gwalior	12 December 2025 – 20 December 2025	Dr. Hemant Arya, Mrs. Premilata Jain, Mr. Dharmendra Jain, Mrs. Anupam Sahu	Community Hall, Bahodapur Police Line, Gwalior 12 January 2026	Additional SP Ms. Vidita Dagar, Mr. Jai Raj Kuber, Sub Inspector Rajkumar Singh, Subedar Harendra Singh	70 (42 girls, 28 boys)
4	Ambedkar Park, Saxena Ka Pura, Bamour, Morena	20 December 2025 – 05 January 2026	SDOP Mr. Anil Kumar, Subedar Mr. Harendra Singh, Inspector Mr. Deependra Yadav, Sub Inspector Mr. Vivek Pratap	Sheetla Marriage Garden, Bamour 05 January 2026	SDOP Mr. Anil Kumar, SI Mr. Yashpal Singh, Reserve Inspector Ravikant Shukla, Subedar Harendra Singh	70 (42 girls, 44 boys)
5	Scheduled Caste Senior Girls Hostel, Shivpuri	18 December 2025 – 04 January 2026	Additional SP Mr. Sanjeev Mule, Mr. Anil Kavreti, Mrs. Rajni Singh Chauhan, Mr. Hitendra Dande	Shivpuri 01 February 2026	Additional SP Mr. Sanjeev Mule, Reserve Inspector Mr. Anil Kavreti, Inspector Mrs. Rajni Singh Chauhan	80 (80 girls, 0 boys)

Inauguration Ceremonies -

All programmes commenced with the traditional lamp lighting ceremony and Saraswati Vandana. Senior police officials, public representatives, social workers, and office bearers of the organization were present during the inauguration ceremonies.



The chief guests addressed the youth and emphasized the importance of discipline, education, self-confidence, and awareness in personality development. They described the programme as an important initiative for the holistic development of adolescents and youth.

Training Programme Structure -

The training framework was presented by the Secretary of the organization, Mrs. Anupam Sahu, and Mrs. Shwetangini Srivastava. Both indoor and outdoor activities were conducted during the programme.

Major Training Topics

Training Topic	Objective
Self-Defense Training	To equip girls and youth with self-protection skills
Zumba, PT, and Yoga	To develop physical fitness and discipline
Gender Sensitization	To promote gender equality and mutual respect
Mental Health and Stress Management	To create awareness about emotional well-being and mental health
Cyber Safety and Legal Awareness	To educate participants about cyber crimes and legal rights
Child Rights and POCSO Act	To familiarize children with their rights and protection laws
Leadership Development and Team Building	To strengthen leadership qualities and teamwork among youth

Each session was conducted in an interactive and participatory manner. Experts adopted practical demonstrations, group discussions, exercises, and activity-based learning methods to ensure active participation.

Major Achievements of the Programme

Achievement	Description
Increased Self-Confidence	Adolescent girls developed confidence to speak on stage and participate actively in activities
Awareness of Self-Defense	Participants received practical self-defense training and techniques
Open Discussion on Mental Health	Youth openly discussed issues related to mental health and gender discrimination
Leadership Development	Participants developed teamwork, leadership, and public speaking skills
Cyber and Legal Awareness	Children and youth gained knowledge about cyber safety, the POCSO Act, and legal rights
Parent Participation	Parents participated in selected sessions and observed positive changes in children
Police-Community Coordination	The programme strengthened positive interaction between the police and the community

Impact of the Programme -

The Srijan Youth Connect Programme significantly enhanced participants' self-confidence, discipline, social awareness, and leadership abilities. In particular, adolescent girls showed remarkable improvement in awareness regarding self-defense and their rights.

Youth from both rural and urban communities gained practical understanding of mental health, gender equality, cyber safety, and social responsibility. This contributed to the development of positive thinking and responsible citizenship among participants.



Conclusion -

The “Srijan Youth Connect Programme” proved to be an effective and inspiring initiative towards the holistic development of adolescents and youth. The programme not only provided practical training but also motivated young people to become self-reliant, aware, sensitive, and capable leaders. Organized jointly by Kadam Jan Vikas Sanstha and the Police Department, this initiative emerged as an important step toward building a safe, empowered, and socially aware youth leadership for the future.



❖ One Billion Rising (OBR) 2026 Campaign

“Rise For Our Bodies – Our Earth – Our Future”

Kadam Jan Vikas Sanstha (KJVS), Gwalior organized the One Billion Rising (OBR) 2026 campaign under the theme “DHARTI KA SAMMAN – JEEVAN KA SAMMAN” to promote gender equality, dignity, environmental responsibility, and collective action for a just and sustainable future.

As part of the campaign, a total of 13 awareness programmes were conducted across the districts of Gwalior, Shivpuri, and Morena from January 2026 to March 2026. The activities were organized in both rural and urban communities, educational institutions, hostels, public spaces, and training centres.

The campaign reached a total of 664 participants, including 466 female participants and 198 male participants. During the sessions, participants discussed issues related to gender stereotypes, violence against women and girls, social discrimination, mental well-being, and environmental protection. Interactive discussions and awareness activities encouraged participants to promote equality, justice, and respect for both people and the environment.

The campaign successfully created safe and inclusive spaces for dialogue and strengthened community awareness regarding gender justice, social responsibility, and ecological sustainability. It reinforced the message that respecting our bodies, protecting the Earth, and securing our future are closely interconnected.



❖ Other Programme

1. Water Conservation Awareness Programme

On 21 April 2025, a Water Conservation Awareness Programme was organized at Khajanchi Baba Ki Basti, Gudi Guda Ka Naka, Gwalior with the objective of creating awareness among community members about water conservation and the proper use of water in order to prevent future water crises. The programme also aimed to encourage people to stop the wastage of water and develop a sense of responsibility towards protecting water resources and the environment. Community members were further motivated to adopt practical water-saving practices in their daily lives so that water resources can be preserved for future generations.



During the programme, participants were informed that water is a precious natural resource and that its conservation is the collective responsibility of every individual. Community members were encouraged to use water wisely and avoid unnecessary wastage in their daily routine. Various practical methods for saving water were discussed, such as using buckets instead of showers while bathing, washing vehicles with buckets and mugs instead of water pipes, and reusing water from washing clothes for cleaning and toilet purposes. The importance of minimizing water wastage and reusing water in household activities was also highlighted.

Participants were also informed that if serious efforts towards water conservation are not taken today, future generations may face severe water shortages and difficulties in accessing clean water. The programme successfully created awareness regarding water conservation, environmental protection, and the responsible use of natural resources. At the end of the session, the participants pledged to save water and use it responsibly in their daily lives.

2. Labour Day

The organization observed Labour Day on 1 May 2025 at Hazira Choraha, Gwalior, with the objective of recognizing the valuable contribution of workers and promoting awareness regarding labour rights and dignity. Labour Day, also known as International Workers' Day, is celebrated globally to acknowledge the efforts and dedication of workers towards social and economic development.

The programme began with an introduction to the organization and its community-based initiatives. An informative session was conducted on the history and significance of Labour Day in India, where participants were informed that Labour Day was first celebrated in the country on 1 May 1923 in Chennai (formerly Madras) during the formation of the



Labour Kisan Party of India. The session also highlighted the importance of the red flag as a symbol of the labour movement.

During the awareness session, workers were educated about their constitutional and legal rights, including Article 14 (Right to Equality), Article 15 (Prohibition of Discrimination), Article 19 (Right to Form Associations and Unions), and Article 21 (Right to Life and Livelihood). The programme aimed to strengthen awareness among workers about their rights and encourage respect, equality, and dignity for labour within society.

The programme concluded with an interactive discussion with the workers, followed by the distribution of sharbat to all participants as a gesture of appreciation and goodwill.

3. Menstrual Hygiene Day

On the occasion of Menstrual Hygiene Day, the organization conducted an awareness programme on 28 May 2025 at Indra Colony, near Koteshwar Temple, Gwalior. The programme aimed to promote awareness among women and adolescent girls about menstrual hygiene management, reproductive health, and the importance of adopting safe and healthy practices during menstruation.

The event began with an introduction to the organization and the objectives of the programme. Participants were then introduced to each other to encourage open interaction and participation. Ms. Swetangini Srivastava facilitated the session and provided detailed information on menstruation, adolescent health, and the physical and hormonal changes experienced during puberty. Information regarding the female reproductive system and menstrual cycle was also shared to enhance participants' understanding of reproductive health.



The programme contributed towards breaking social taboos and myths associated with menstruation while encouraging adolescent girls and women to discuss menstrual health openly and confidently.

4. World Environment Day

The organization organized a **World Environment Day Programme** at Satyanarayan Ki Tekri on 5 June 2025 to spread awareness about environmental protection and to encourage community members to plant more trees in their surroundings. The programme witnessed active participation from Anganwadi workers, helpers, adolescent boys and girls, and local community members.



Special awareness sessions were conducted for adolescent boys and girls, during which they were informed about the importance of World Environment Day and motivated to actively participate in spreading environmental awareness within society. Participants were educated about the significance of maintaining a clean and healthy environment and the harmful effects of pollution on present and future generations.

During the programme, discussions were held on how rapid urbanization, increasing pollution, and the growing desire for comfort and development are continuously harming the environment. The sessions emphasized the importance of collective responsibility and encouraged everyone to adopt environmentally friendly practices in their daily lives.

Community members enthusiastically participated in the programme, planted saplings, and expressed their commitment toward nature conservation and the creation of a clean and green environment. The programme helped participants gain a better understanding of environmental issues and inspired them to contribute positively toward environmental protection.

The programme concluded with the organization's staff expressing gratitude to all participants, Anganwadi workers, and local residents for their valuable cooperation and active participation in making the World Environment Day celebration successful.

5. Doctors' Day

The organization observed **Doctors' Day** on 1 July 2025 at Mansik Arogyashala with the purpose of expressing gratitude and respect towards doctors for their selfless service to society, particularly in the area of mental health care.

The programme was organized in the presence of doctors, staff members, and participants from the community.



During the event, the organization's staff honored the doctors working at the institute in recognition of their dedication, compassion, and continuous efforts in treating and supporting patients. The programme highlighted the important role doctors play not only in curing illnesses but also in providing emotional strength and hope to patients and their families during difficult times.

As a gesture of appreciation, the doctors were welcomed and felicitated with garlands and coconuts. A sanstha karyakarta addressed the gathering and emphasized that doctors are the backbone of a healthy society and that community support and recognition motivate them to continue their noble work with commitment and care.

The programme created a positive and respectful atmosphere where participants expressed their gratitude toward the medical professionals for their invaluable contribution to society. The event concluded with a vote of thanks and appreciation for all doctors and attendees who made the programme meaningful and successful.

6. Flag Hoisting and Cultural Programme Organized on Independence Day

On the auspicious occasion of Independence Day, a flag hoisting and cultural programme was organized with great enthusiasm at Government Girls Higher Secondary School, Sikandar Kampoo.

The programme commenced with the hoisting of the National Flag followed by the National Anthem. The team from Kadam Jan Vikas Sanstha actively participated in the celebration along with the students of the school.



The event was attended by the Ward Councillor Mrs. Premrata Dharmendra Jain, Mrs. Anupam Sahu, Secretary of Kadam Jan Vikas Sanstha and Mr. Dharmendra Jain. Mrs. Anupam Sahu, addressed the gathering and highlighted the significance of Independence Day, the importance of the National Flag, and the role of citizens in nation-building. Her message inspired students to uphold the values of patriotism,

unity, and social responsibility.

Approximately 150 girl students, along with all teaching and non-teaching staff members of the school, participated in the programme. The students captivated the audience with their patriotic cultural performances. The programme concluded with a collective pledge to uphold the unity, integrity, and progress of the nation.

7. Vrikshanjali

On 10 September 2025, Kadam Jan Vikas Sanstha organized the “Vrikshanjali” programme near the Railway Station, Ghosipura, Gwalior, on the occasion of World Suicide Prevention Day under its ongoing suicide prevention initiative, “Ek Kadam” Campaign. The main objective of the programme was to create awareness in society about the growing issue of suicide, which is a serious and sensitive concern, and to make people understand the emotional, social, and psychological impact of suicide on affected families.

During the programme, awareness messages related to suicide prevention and mental health were shared with the participants. Community members were informed about the importance of mental well-being and encouraged to seek support during difficult situations. Information regarding the suicide prevention helpline operated by the organization was also provided so that individuals in need could access timely guidance and support.



As part of a new and meaningful initiative introduced by the organization this year, saplings were planted in memory of individuals who had lost their lives to suicide. Under the “Vrikshanjali” initiative, one sapling was planted in the name of each departed individual with the support and participation of suicide-affected families from Gwalior city.

The initiative aimed not only to promote environmental conservation but also to deliver a positive social message that hope, support, and healing are possible even during life’s most difficult moments. The organization’s efforts provided respect and emotional solidarity to affected families while encouraging the community to take mental health issues seriously and work collectively toward suicide prevention.

The programme concluded with a vote of thanks to all participants and families for their cooperation and meaningful participation.

8. World Mental Health Day

The organization observed **World Mental Health Day** on 10 October 2025 at Sarasvati Kanya Vidhyalay with the objective of spreading awareness about mental health and the importance of timely access to mental health services during catastrophes and emergencies. The programme was organized in accordance with the theme, **“Access to Services – Mental Health in Catastrophes and Emergencies.”**



During the programme, an organization staff member explained the significance of World Mental Health Day and highlighted how natural disasters, emergencies, accidents, family crises, and other challenging situations can severely impact an individual’s mental well-being. Participants were informed that in such circumstances, timely emotional support, counseling, and access to mental health services are extremely important.

The session emphasized that mental health is as important as physical health, and lack of awareness or delayed support can lead to increased stress, anxiety, depression, and emotional trauma, especially among children, adolescents, women, and other vulnerable groups. Participants were encouraged to seek help without hesitation and to support individuals facing psychological or emotional distress.

The programme also focused on the importance of building a supportive environment within families, schools, workplaces, and communities. Discussions were held on maintaining emotional balance, developing healthy relationships, managing stress effectively, and showing empathy toward people affected by emergencies and crises.

Interactive awareness activities were conducted to encourage open discussions on mental health issues and to highlight the need for accessible mental health services for all. The programme aimed to reduce stigma related to mental health and promote collective responsibility in supporting individuals during difficult times.

The programme concluded with a message encouraging all participants to prioritize mental well-being, remain supportive toward others, and spread awareness about the importance of mental health services in society.

9. Muskan Programme

On 14.11.2025, the “Muskan Programme” was organized with the girl students at Laxmibai Memorial Higher Secondary School. The main objective of the programme was to create awareness among girls regarding safety, cybercrime, and mental health.

During the session, the students were made aware that the **tendency to leave home during minor age** can lead to several social and psychological problems. They were also guided not to communicate with unknown persons on social media, not to meet anyone under any kind of temptation or influence, and not to share their photos or videos with strangers.



Information was also provided about the cybercrime and cyber fraud helpline number **1930**, and the students were informed that any cyber-related complaint can be reported on this number. Additionally, under the mental health awareness programme run by the organization, information about the helpline number **0751-3510051** was also shared.

Mrs. Shakuntala Kushwaha, representing Kadam Jan Vikas Sanstha, was present during the programme and provided important guidance to the students. School staff members were also present throughout the session.

10.POSH ACT Awareness Programme

On 19.11.2025, an awareness programme on the **POSH Act (2013)** was organized at Karlon Company. The objective of the programme was to create awareness among employees regarding women’s safety at the workplace and the prevention of sexual harassment.

During the programme, the Secretary of the organization, Ms. Anupam Sahu, informed the employees that guidelines for ensuring women’s safety at the workplace have been framed by the Hon’ble Supreme Court, on the basis of



which the POSH Act 2013 was enacted. She emphasized that it is essential for all organizations to maintain a safe working environment and to prevent any form of harassment against women.

Officials of the company also shared that an Internal Complaints Committee (ICC) has been constituted within the organization, which includes an external member to ensure transparency and to provide a safe environment for women employees. Employees were further explained that any form of misconduct at the workplace is unacceptable.

The Secretary of the organization also conveyed that misconduct towards women not only causes physical harm but also leads to mental trauma. Therefore, everyone should act responsibly and stand against any such incidents. All employees attentively understood the importance of the issue and took a pledge to maintain a safe, respectful, and dignified work environment in the future.

11. WORLD AIDS DAY

On 01.12.2025, an awareness programme on **World AIDS Day** was organized by the organization at J.C. Mill College. The main objective of the programme was to spread awareness about



HIV/AIDS, its causes, prevention methods, and the importance of timely testing. In the programme, the Secretary of Kadam Jan Vikas Sanstha, Ms. Anupam Sahu, the In-charge from J.C. Mill College, Ms. Ranjana Singh, and Dr. Rashmi Mishra were present as key dignitaries. Along with them, women from the community and Anganwadi workers also actively participated.

During the programme, the invited guests shared their views on the serious issue of HIV/AIDS and informed the students that **“Awareness is prevention, and prevention is the greatest cure.”** They also explained that even if a person becomes infected, with proper counseling, timely treatment, and care, they can live a long and healthy life. Experts also discussed in detail the modes of transmission and preventive measures and raised awareness among the participants. Participants were provided with detailed information about HIV/AIDS. They were informed that the disease can spread mainly through unsafe sexual practices, use of contaminated needles and syringes, transfusion of infected blood, and from an HIV-positive mother to her child during pregnancy or childbirth.



Preventive measures were also highlighted, such as practicing safe sexual behavior, using condoms, avoiding shared needles and syringes, and ensuring the use of only screened blood. After the programme, an awareness rally was also organized, in which participants enthusiastically took part with posters prepared by the organization, spreading the message of awareness in society.

12.Nirbhaya Day

On 16.12.2025, **Nirbhaya Day** was observed at Maharajwada with the objective of raising awareness against violence towards women in society.

The programme was conducted as a tribute and awareness event, where participants were informed through posters and messages by Kadam Jan Vikas Sanstha about the nature of violence against women and the necessary steps for its prevention.



The Secretary of the organization addressed the youth and participants, emphasizing that we should neither commit violence nor allow it to happen. It was highlighted that speaking up against wrongdoing is essential to protect lives and dignity. It was also shared that if we stand for the safety of others today, then in the future our own sisters and daughters will also feel safer.

At the end of the programme, **candles were lit as a mark of tribute**, and all participants expressed their respect and solidarity by lighting candles in remembrance and support of women's safety and dignity.

13.International Women's Day

On 12.03.2026, at Anganwadi Centre Shankarpur, Kadam Jan Vikas Sanstha organized a **Women's Conference** on the occasion of **International Women's Day**. The objective of the programme was to raise awareness about women's rights, encourage self-reliance among women, and promote their equal participation in society. The programme was inaugurated with the **Saraswati Vandana**, which created a positive and enthusiastic atmosphere. The event was attended by Home Guard Platoon Commander Ms. Pooja Parihar as the chief guest, along with Ms. Deepina from the Health Department, Councillor Mr. Manoj Yadav, and the Secretary of the organization, Ms. Anupam Sahu. Additionally, Anganwadi workers Ms. Sanjeeda Khan and Ms. Sameena Khan from the community also actively participated.



After the inauguration, all the dignitaries were welcomed and honoured with garlands by the organization's Secretary. During the programme, the Secretary of the organization emphasized awareness against discrimination towards women and stated that women should not be limited only to household work. Instead, they should move forward in various fields according to their interests and abilities and become self-reliant.



The chief guest, Ms. Pooja Parihar, motivated the women by saying that women are not weak and should recognize their capabilities, build their own identity in society, and move forward with confidence.



Ms. Deepina from the Health Department advised women to remain aware of their health and hygiene. She highlighted the importance of consuming a nutritious diet and getting regular vaccinations and health check-ups.

Various sports and recreational activities were also organized for the women during the programme, in which

all participants took part with great enthusiasm. A total of **165 participants** actively took part in the programme.

Information was also provided about the organization's helpline number **0751-3510051**, through which support and guidance related to various issues can be accessed.

In the end, women were made aware of their rights, interests, and social empowerment, and the programme concluded successfully.



Quantitative Achievement's

S.No.	Activity	Total Activity	Participants / Beneficiaries + other stack holder	Boys	Girls	Male	Female	Other Stack holder
1.	Mental Health Awareness programme in School	25	1571	699	831	14	12	15
2.	Mental Health Awareness and counseling/testing camp	68	4404	00	00	2306	2080	18
3.	Training of Community leader on mental health	07	182	10	10	60	95	07
4.	Man Samvad Group (School+Community)	61	758	55	135	72	426	70
5.	Awareness Fortnight Mental Health awareness Fortnight Suicide Prevention weak Women Violence Awareness Fortnight:	2	303	00	00	00	287	16
6.	Atmiyata - Community Mental Health Program	5	136	00	00	62	56	18
7.	Swashakti- Rural Livelihood Mission Programme	8	263	00	00	173	52	38
8.	Helpline for Providing Free Counseling on Suicidal and Mental Health issues	1	846	00	00	595	251	00
9.	Preschool Nutrition and Education initiative and RAHAT	1	230	33	42	00	150	05
10.	Peer Group of Young men and boys	74	1434	1429	00	00	00	5
11.	Peer Group of Adolescent Girls	74	1590	00	00	00	1582	8
12.	Peer Group Sessions in schools	09	477	00	00	272	196	9
13.	Legal Clinic and Case Follow Up -	04	57	00	00	00	55	2
14.	Federation of SHGs Training to Entrepreneurs of SHG Members	04	59	00	00	28	27	4
15.	Srijan Youth Connect Programme	5	452	127	245	49	31	0
16.	Save Water awareness programme	1	20	00	00	00	18	2
17.	Labor Day	1	119	00	00	95	20	4
18.	Menstrual Hygiene Day	1	50	00	00	00	48	2
19.	World Environment day	1	15	00	00	00	13	2
20.	Doctor's Day	1	14	00	00	10	1	3
21.	Independence Day celebration	1	177	00	150	10	15	2
22.	Vrikshanjali	1	15	00	00	3	9	3
23.	World Mental Health Day	1	57	00	53	1	1	2
24.	Muskan Programme	1	42	00	40	1	0	1
25.	POSH Act Awareness Programme	1	140	00	00	134	2	4
26.	WORLD AIDS DAY	1	47	00	37	2	3	5
27.	Nirbhaya Day	1	24	00	00	15	05	4
28.	International women's day	1	168	00	00	10	155	3
29.	One Billion Rising Campaign – "Rise for the Uprooting of Patriarchy"	13	664	00	00	198	466	00
	Total	374	14314	2353	1543	4110	6056	252

18 दिवसीय 'सृजन' यूथ कनेक्ट प्रशिक्षण कार्यक्रम का शुभारंभ

श्रीमती एसपी, वरिष्ठ।

समाचारिका को टैकरी, पोसीपूरा, ग्वालियर स्थित समुदायिक भवन में सृजन यूथ कनेक्ट कार्यक्रम का शुभारंभ उद्घाटित किया गया। कार्यक्रम का अंशोत्तर कदम जन विकास संस्था और पुलिस विभाग द्वारा किया गया, जिसका उद्देश्य युवाओं को आत्मरक्षा, स्वास्थ्य, अधिकार, कानून और करियर संबंधी विषयों पर जागरूक करना है।

कार्यक्रम का शुभारंभ अतिथि जितेंद्र सिंह चौहान जनकजाय था, जिनके साथ सुजय चौहान, श्रीमती प्रेमलता धर्मोद जैन, श्रीमती चान्दी जयलाल



सिंह और संस्था सचिव श्रीमती अनुपम साहू द्वारा दीप प्रज्वलन एवं मस्वती वंदना के साथ किया गया। संस्था की कोडिनेटर श्रीमती श्वेतागिनी श्रीवास्तव ने सभी अतिथियों का स्वागत किया और उद्घाटन प्रतीकात्मक रूप से उनका परिचय कराया। इस अवसर पर मुख्य अतिथि जितेंद्र सिंह चौहान ने युवाओं को सृजन कार्यक्रम की संकल्पना एवं संचालन में पुलिस

मुख्यालय टीम पोषाण को महत्वपूर्ण भूमिका रही है। कार्यक्रम में बाई क्रमांक 2 की पॉपर्ट श्रीमती आशा सुंदर चौहान, बाई क्रमांक 51 की पॉपर्ट श्रीमती प्रेमलता धर्मोद जैन तथा बाई क्रमांक 35 की पॉपर्ट श्रीमती चान्दी जयलाल सिंह द्वारा सभी प्रतिभागियों को कार्यक्रम को टी-शर्ट प्रदान की गई। संस्था सचिव श्रीमती अनुपम साहू ने बालक बालिकाओं को जेडर भेदभाव, अधिकारों को जलकाली तथा उनके सामाजिक महत्व के बारे में जागरूक किया। साथ ही, उन्होंने ने सभी प्रतिभागियों को शुभकामनाएं देते हुए कहा कि यह कार्यक्रम युवाओं के सर्वांगीण विकास को दिशा में

एक सशक्त और सहाय्यक पहल सिद्ध होगा। क्रम में श्रीमती श्वेतागिनी श्रीवास्तव ने 18 दिवसीय प्रशिक्षण कार्यक्रम की रूपरेखा प्रस्तुत करते हुए बताया कि प्रशिक्षण कार्यक्रम में इनडोर और आउटडोर दोनों प्रकार की गतिविधियां शामिल की जाएंगी। युवाओं को मार्शल आर्ट, जुडो, बाल अधिकार, जेडर भेदभाव, किशोर स्वास्थ्य (गैरीरिक), मानसिक एवं सामाजिक स्वास्थ्य साइबर क्राइम जैसे आदि महत्वपूर्ण विषयों पर विशेषज्ञों द्वारा प्रशिक्षण प्रदान किया जाएगा। कार्यक्रम के संचालन में संस्था की ओर से सूरज जाटव, शकुन्ता कुराबा, लोकेश सोनी की महत्वपूर्ण भूमिका रहेगी।

अनुशासन और मेहनत से जीवन के हर पड़ाव पर सफल हो सकते हैं: एसपी



शिवपुरी। यह बात पुलिस अधीक्षक अमन सिंह राठौड़ ने पिछोर सृजन कार्यक्रम के समापन पर कही, सामुदायिक पुलिसिंग एवं बेटीयों के सशक्तिकरण के लिए ग्राम गजोरा में पिछले 18 दिनों से कदम जन विकास संस्था द्वारा सृजन कार्यक्रम चलाया जा रहा था जिसका समापन आज छत्रसाल कॉलेज पिछोर में संपन्न हुआ जिसमें मुख्य अतिथि के रूप में शिवपुरी जिले के पुलिस अधीक्षक अमन सिंह राठौड़ मौजूद रहे, राठौड़ ने अपने उद्बोधन में लगातार बच्चों से चर्चा की उन्हें जीवन में सफल होने के मंत्र सिखाए एवं सभी बच्चों को शिक्षा स्वास्थ्य

एवं अनुशासन का महत्व समझाया। कार्यक्रम में 18 दिवसीय जो भी गतिविधि हुई उनके बारे में एवं संस्था सृजन कार्यक्रम के समापन पर कही, सामुदायिक पुलिसिंग एवं बेटीयों के सशक्तिकरण के लिए ग्राम गजोरा में पिछले 18 दिनों से कदम जन विकास संस्था द्वारा सृजन कार्यक्रम चलाया जा रहा था जिसका समापन आज छत्रसाल कॉलेज पिछोर में संपन्न हुआ जिसमें मुख्य अतिथि के रूप में शिवपुरी जिले के पुलिस अधीक्षक अमन सिंह राठौड़ मौजूद रहे, राठौड़ ने अपने उद्बोधन में लगातार बच्चों से चर्चा की उन्हें जीवन में सफल होने के मंत्र सिखाए एवं सभी बच्चों को शिक्षा स्वास्थ्य

शहाजहापुर 02 मई सोमवार 2025

पृष्ठ 09

मूल्य 3.50

सृजन यूथ कनेक्ट कार्यक्रम के अंतर्गत किशोर किशोरियों ने जाना कि थाने में कार्य कैसे किया जाता है।

(जुद्ध) पीक साराण लोधी प्रधान आचार्य पिछोर (गैरमंडी) सृजन यूथ कनेक्ट कार्यक्रम के आयोजक पुलिस विभाग एवं कदम जन विकास संस्था के द्वारा ग्राम गजोरा स्थित कनिष्ठशाला के अंतर्गत यह कार्यक्रम 16 मई से 2 जून तक चलेगा 2 जून को कदम जन विकास संस्था द्वारा इस शिविर में किशोर किशोरियों को आत्मरक्षा, शारीरिक स्वास्थ्य, कानून एवं करियर प्रशिक्षण कार्यक्रमों एवं नेचुरल प्रदल के माध्यम से किशोर और किशोरियों को सशक्तिकरण शिविर का आयोजन किया जा रहा है। कदम जन विकास संस्था के जेडर परामर्शक लोधी भानु प्रताप ने बताया कि यह शिविर "सृजन यूथ कनेक्ट कार्यक्रम" के अंतर्गत सामुदायिक पुलिसिंग विभाग का एक सार्वजनिक प्रयास है, जिसका मुख्य उद्देश्य किशोरों को अपराध एवं आपराधिक व्यवृत्तियों से सुरक्षित रखना, उनके व्यक्तिगत एवं सामाजिक विकास करना एवं उन्हें आत्मनिर्भर और जागरूक नागरिक बनाना है। इस शिविर शिविर में निम्नलिखित गतिविधियों आयोजित की जा



रही हैं: शारीरिक और आत्मरक्षा प्रशिक्षण, जुडो, मार्शल आर्ट्स, पीसी, योग, योग आदि। आत्मनिर्भर और जागरूक नागरिक बनाना है। इस शिविर शिविर में निम्नलिखित गतिविधियों आयोजित की जा

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युवा आत्मरक्षा के गुण सीखकर आत्मनिर्भर बनेंगे : एसडीओपी

दैनिक केसरिया हिंदुस्तान से मुकेश चौधरी

शिवपुरी। शिवपुरी जिले के साधारण गजोरा में 16 मई शुक्रवार से पंचायत भवन में सृजन यूथ कनेक्ट कार्यक्रम का शुभारंभ किया गया। यह कार्यक्रम कदम जन विकास संस्था और पुलिस विभाग द्वारा किया गया। निम्नलिखित उद्देश्य युवाओं को आत्मरक्षा, स्वास्थ्य, अधिकार, कानून और करियर संबंधी विषयों पर जागरूक करना है। कार्यक्रम का शुभारंभ मुख्य अतिथि चरडीओपी प्रशांत शर्मा एवं सहायक अधिकारी जितेंद्र सिंह चौहान, ग्राम पंचायत की अध्यक्ष श्रीमती सखी आनिसारी तथा संस्था की सचिव श्रीमती अनुपम साहू द्वारा दीप प्रज्वलन कर किया गया। संस्था के कोडिनेटर श्रीमती

श्वेतागिनी श्रीवास्तव के द्वारा सभी अतिथियों का स्वागत कर उपस्थित प्रतिभागियों से परिचय कराया। इस अवसर पर मुख्य अतिथि एसडीओपी प्रशांत शर्मा ने युवाओं को सृजन कार्यक्रम की महत्वपूर्णता बताते हुए कहा कि इस कार्यक्रम के दौरान संचालित की जाने वाली गतिविधियों के द्वारा युवा आत्मरक्षा के गुण सीखकर आत्मनिर्भर बनेंगे। कार्यक्रम के दौरान उन्होंने बताया कि यह प्रशिक्षण के कार्यक्रम को संकल्पना एवं संचालन में पुलिस अधीक्षक अमन सिंह राठौड़, अतिरिक्त पुलिस अधीक्षक सखी सखी एवं पुलिस मुख्यालय टीम पोषण की महत्वपूर्ण भूमिका रही है। संस्था सचिव श्रीमती अनुपम साहू ने बालक बालिकाओं को जेडर भेदभाव अधिकारों की जानकारी तथा उनके सामाजिक

महत्व के बारे में जागरूक किया। इसके साथ ही संस्था की कोडिनेटर श्रीमती श्वेतागिनी श्रीवास्तव ने 18 दिवसीय प्रशिक्षण कार्यक्रम की कि 16 मई से 02 जून तक है, की रूपरेखा प्रस्तुत करते हुए बताया कि प्रशिक्षण कार्यक्रम में इनडोर और आउटडोर दोनों प्रकार की गतिविधियां शामिल की जाएंगी। इसके साथ ही युवाओं को मार्शल आर्ट, जुडो, बाल अधिकार, जेडर भेदभाव, किशोर स्वास्थ्य, साइबर क्राइम जैसे महत्वपूर्ण विषयों पर विशेषज्ञों द्वारा प्रशिक्षण प्रदान किया जाएगा। कार्यक्रम के संचालन में संस्था की ओर से कदम जन विकास संस्था के जेडर परामर्शक लोधी भानु प्रताप, सूरज जाटव तथा लोकेश सोनी की महत्वपूर्ण भूमिका रहेगी।

सृजन यूथ कनेक्ट: युवाओं को स्वास्थ्य और आत्मरक्षा की दी जाएगी जानकारी

भारत संवाददाता पिछोर

78 किशोर-किशोरियां ले रहे भाग

ग्राम पंचायत गजोरा स्थित पंचायत भवन में 'सृजन यूथ कनेक्ट' कार्यक्रम का शुभारंभ हुआ। यह आयोजन कदम जन विकास संस्था और पुलिस विभाग के संयुक्त तत्वावधान में किया गया। कार्यक्रम का मुख्य उद्देश्य युवाओं को आत्मरक्षा, स्वास्थ्य, कानून, अधिकारों और करियर संबंधी विषयों पर जागरूक करना है। कार्यक्रम का उद्घाटन एसडीओपी प्रशांत शर्मा, थाना प्रभारी पिछोर जितेंद्र सिंह मावई, ग्राम पंचायत संपन्न सभी अतिथियों एवं संस्था की सचिव अनुपम साहू ने दीप प्रज्वलन कर किया। इस अवसर पर संस्था की कोडिनेटर श्वेतागिनी श्रीवास्तव ने सभी अतिथियों का स्वागत करते हुए कार्यक्रम की रूपरेखा और प्रतिभागियों से परिचय प्रस्तुत

प्रशिक्षण में मार्शल आर्ट, जुडो, बाल अधिकार, जेडर भेदभाव, किशोर स्वास्थ्य, साइबर क्राइम जैसे विषयों पर विशेषज्ञों द्वारा प्रशिक्षण दिया जाएगा। इस कार्यक्रम में अब तक 78 किशोर और किशोरियों ने सहभागिता की है। मुख्य अतिथि एसडीओपी प्रशांत शर्मा ने कार्यक्रम की सफलता करते हुए कहा कि यह प्रशिक्षण युवाओं को आत्मनिर्भर बनाने की दिशा में एक सार्थक पहल है। उन्होंने बताया कि इस कार्यक्रम की संकल्पना एवं संचालन में पुलिस अधीक्षक अमन सिंह राठौड़, अतिरिक्त पुलिस अधीक्षक सखी सखी एवं पुलिस मुख्यालय टीम पोषण की महत्वपूर्ण भूमिका रही है। संस्था सचिव अनुपम साहू ने बालिकाओं को जेडर भेदभाव, उनके अधिकारों और सामाजिक महत्व के विषय में जागरूक किया। उन्होंने बालिकाओं से अपने

अनुशासन व कड़ी मेहनत से मिलती है हर मंजिल: एसपी



भास्कर संवाददाता पिछोर

नगर के छत्रसाल कॉलेज में मंगलवार को सृजन कार्यक्रम का समापन हुआ। जिसमें मुख्य अतिथि के रूप में शिवपुरी एसपी अमन सिंह राठौड़ मौजूद रहे। जहाँ उन्होंने बच्चों को जीवन में सफलता के मंत्र देते हुए कहा कि अनुशासन और मेहनत से हर पड़ाव पार किया जा सकता है। वहीं छात्रों को शिक्षा, स्वास्थ्य और अनुशासन का महत्व समझाया।

ग्राम गजोरा में पिछले 18 दिनों से कदम जन विकास संस्था द्वारा यह कार्यक्रम चलाया जा रहा था। इसका

उद्देश्य सामुदायिक पुलिसिंग और बेटीयों का सशक्तिकरण था। समापन कार्यक्रम में संस्था की सचिव श्वेतागिनी श्रीवास्तव ने 18 दिन की गतिविधियों और संस्था के उद्देश्य की जानकारी दी। बताया कि यह आयोजन पुलिस मुख्यालय के सहयोग से हुआ। मंच संचालन अनुपम साहू ने किया। बच्चों की प्रतिभा का संचालन भानु ने किया। कार्यक्रम में पिछोर एसडीओपी प्रशांत शर्मा और थाना प्रभारी जितेंद्र मावई भी मौजूद रहे। एसडीओपी शर्मा ने सफल आयोजन के लिए संस्था को धन्यवाद दिया।

छात्रों और शिक्षकों को दिलाई नशा मुक्ति की शपथ

श्रीराम एक्सप्रेस, ग्वालियर।

ग्वालियर पुलिस और कदम जन विकास संस्था का संयुक्त प्रयास मध्यप्रदेश पुलिस मुख्यालय, भोपाल के निर्देशन में पूरे प्रदेश में 15 दिवसीय नशे से दूरी है जरूरी जन-जागरूकता अभियान संचालित किया जा रहा है। इस अभियान के अंतर्गत कदम जन विकास संस्था द्वारा ग्वालियर पुलिस के सहयोग से जनकगंज स्कूल में एक नशा मुक्ति कार्यक्रम का आयोजन किया गया। कार्यक्रम में जनकगंज थाने से आरक्षक अरविंद तथा साथ ही संस्था सचिव श्रीमती अनुपम साहू उपस्थित रहीं। उन्होंने छात्रों को नशे के दुष्परिणामों से अवगत कराया और बताया कि नशा न केवल व्यक्ति के स्वास्थ्य



को नुकसान पहुंचाता है, बल्कि उसके परिवार और समाज पर भी इसका बुरा प्रभाव पड़ता है। इस अवसर पर उपस्थित सभी विद्यार्थियों एवं शिक्षकों को नशा मुक्ति की शपथ दिलाई गई। उन्होंने सभी से आग्रह किया कि वे इस जागरूकता संदेश को अपने परिवार, मित्रों और समाज के अन्य लोगों तक पहुंचाएँ, ताकि एक स्वस्थ, सुरक्षित और नशा मुक्त समाज की स्थापना की जा सके। कार्यक्रम के दौरान उपस्थितजनों को नशा संबंधित सहायता हेतु हेल्पलाइन नंबर 14446 की जानकारी भी दी गई।

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• Annexure -A

Legal information about Organization

Kadam Jan Vikas Sanstha has been operating as a voluntary organization since 2004. It is registered under the Madhya Pradesh Society Registration Act of 1973, with its registration completed in 2004 under registration number 8575. Since its inception, the organization has been dedicated to the development of extremely underprivileged and poor communities in the Gwalior division.

GENERAL INFORMATION

Name of organisation:	Kadam Jan Vikas Sanstha, Gwalior
Registered Address:	Reti Fatak, Lohamandi, Gwalior(M.P.) 474003
Correspondence Address:	C-109, New Saket Nagar, Tansen road,Gwalior(M.P.) 474002
Contact Person (With cell phone no.):	Mrs. Anupam Sahu (Secretary) Mob. No.- 9826561423
E-mail:	kadamgwalior@yahoo.co.in
Website:	www.Kadamjanvikassanstha.org

- Overall Goal –

The organization's goal is to raise awareness among community members on various welfare issues, including education, health, employment, and living standards. It aims to encourage the adoption of sustainable livelihood options to enhance their resilience. Additionally, the organization seeks to reduce incidents of violence against women by fostering community awareness and involvement.

Promoting awareness of rights, strengthening of local community organizations and ensuring control over resources. Enhancing the involvement of women and children in community activities and decision-making processes.

- Key Areas of Concern

- **Empowering Women:** Organizing women and fostering local leadership.
- **Enhancing Women's Access to Resources:** Increasing women's capacity and their access to resources.
- **Ensuring Participation in Panchayati Raj:** Ensuring community and women's involvement in local governance.
- **Community Participation in Village Schemes:** Guaranteeing community engagement in all local development initiatives.
- **Advocacy for Community Issues:** Highlighting and addressing community problems through advocacy efforts.
- **Conducting Training and Camps:** Organizing training sessions, camps, and campaigns.
- **Awareness on Health, Education, and Sustainable Agriculture:** Raising awareness in the community to enhance capacity in health, education, and sustainable agricultural practices.
- **Studying Issues like Stress and Suicide:** Researching these issues, developing community understanding, and raising awareness.
- **Promoting Mental Health Awareness:** Increasing awareness of mental health issues within the community.

• Annexure -B

- Geographical Area of the Project/ Program

1. Geographical Location of Shivpuri District

Shivpuri district is located in the northeastern part of Madhya Pradesh. It is bordered to the north by Gwalior district, to the east by Jhansi district in Uttar Pradesh, to the west by Kota district in Rajasthan, and to the south by Guna district in Madhya Pradesh. The district headquarters is situated approximately 115 km from Khaniyadhana Development Block. The region is characterized by pebbly and rocky terrain, primarily consisting of small hills covered with forests. However, due to continuous drought and illegal deforestation, these forests are rapidly diminishing. Water management is inadequate, leading to low agricultural yields. Shivpuri is predominantly tribal, facing significant challenges related to drinking water and irrigation, and the tribal community in this area suffers from high illiteracy rates.

2. Geographical Location of Gwalior District

Gwalior is a major city in the state of Madhya Pradesh, India, located in the northern part of the state. Historically, Gwalior has been a center of ancient North Indian civilization, with its famous fort serving as a significant landmark. The city has a rich heritage, having been the capital of the Gurjar Pratihara dynasty, the Tomars, and the Baghel Kachhwahas, whose legacies are reflected in the form of monuments, forts, and palaces. These historical sites make Gwalior an important destination for tourism. Today, Gwalior is a modern city and a well-known industrial hub. It is also recognized as a holy site associated with the sage Galav. Gwalior has been selected as one of the hundred Indian cities to be developed as a smart city under the Smart Cities Mission initiated by Prime Minister Narendra Modi.

• Reference Community (Working with Whom) -

The organization focuses on working with tribal and Dalit communities in 30 villages within its operational area. By raising awareness about health, education, and the empowerment of women and children, the initiative enables these groups to understand their rights and access government schemes, thereby advocating for their entitlements. This approach ensures their access to local resources and facilitates their social, economic, and political development while promoting their participation in village initiatives. Additionally, the organization aims to enhance the respect and status of tribal women within society.

Furthermore, the organization is committed to mental health awareness programs. We are conducting awareness sessions in the community to increase understanding of mental health issues and address the rising incidence of suicide in the Gwalior district (MP). Data collected from these efforts will be analyzed for research purposes, and further community awareness programs will be implemented to tackle these critical issues.

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